

Procedure Loop Implant Instruction and Education

INCISION CARE

- ◇ Some swelling, redness or pain are common with all incisions and will go away as the incision heals. If swelling, redness or pain increases or if the incision is warm to the touch, edges reopen or separate- call your physician's office immediately.
- ◇ Your incision was closed with Dermabond (skin adhesive/glue)
 - a) Dermabond- Do not scratch, rub, or pick at the adhesive film. This may loosen the film before your incision has healed. Protect your incision from prolonged sunlight and do not apply liquid or ointment medications to your incision while the Dermabond film is still in place.
- ◇ Keep incision completely dry for 24 hours after your procedure. Sponge bathe but do not shower with running water over the incision for 24 hours. If wet, pat dry, **DO NOT RUB INCISION**.
- ◇ Day 2 – You may shower and wash the area gently but do not go swimming. Chlorine can dissolve the Dermabond. Your incision will be evaluated by your physician's office at your follow-up appointment, 7-14 days post procedure.
- ◇ No heavy lifting (over 25 pounds), pulling or vigorous use of the arms until incision fully heals. Once incision is healed you may go back to your normal physical activity.

OFFICE FOLLOW-UP

- ◇ Schedule your post-op appointment
- ◇ Call the physician's office if there is a sign of infection, such as discharge or severe pain, if you feel dizzy, lightheaded or you pass out, or if you feel your heart racing or palpitations.
- ◇ Your physician will be monitoring your insertable cardiac monitor for up to the battery life of the device, approximately 3 years.

myLUX™ PATIENT APP (with Mobile Device)

- ◇ Your myLUX™ PATIENT APP with Mobile Device comes with a stand to use the Mobile Device as a bedside monitor. Please charge the mobile device each night.
- ◇ Your device and myLUX™ PATIENT APP will automatically send data to your physician's office nightly while you are sleeping- no action is necessary from you.
- ◇ Occasionally, your physician's office may ask you to send a manual transmission. The physician's office or a Boston Scientific representative will walk you through this process.
- ◇ If you are traveling out of town, bring your myLUX™ Patient APP (with Mobile Device) to continue transmitting data nightly.



myLUX™ Patient App (4.5)
For LUX-Dx II™ & LUX-Dx II+™
Boston Scientific
★★★★☆ 3.8 + 8 Ratings
Free

I have read and understand my rights and responsibilities as stated within this form. All questions have been answered prior to discharge.

Patient/Guardian Signature

Date/Time

RN Signature

Date/Time

Patient Sticker

